

# 5 STEPS TO RISK ASSESSMENT

## INTRODUCTION

We are all exposed to a range of hazards and risks during our working day but, if we receive the correct risk assessment training, then injuries can be avoided.

## COURSE OVERVIEW

This course will show the viewer how risk assessments don't need be daunting and time-consuming tasks. An emphasis is placed on how they can easily become second nature during a working day.

At the end of the training, trainees will be able to:

- Understand what a hazard is and when does it become a risk
- Identify who might be at risk
- Understand how to evaluate the risk
- Recognise how to record your findings and how to implement them.

## COURSE CHAPTERS

Step 1: Identify the Risk

Users are given the opportunity to view a real life situation and assess the Hazards and Risks in the area with multiple choice question and answers.

Step 2: Decide who might be at Risk?

Watching a short clip, users can assess which people in the situation are at risk from hazards.

Step 3: Evaluate the Risks

Risks are explained and users have a number of action options.

Steps 4 & 5: Record your findings, Monitor and review.

The importance and appropriateness of recording information is explained along with steps to minimise hazards.

## WHO WILL IT BENEFIT?

Everyone who is conducting a risk assessment within their place of work.



INTERNATIONAL  
CENTRE FOR  
RECOGNISED  
QUALIFICATION

